Cactus Chronicle

"Glendale – Proud to be the home of Luke Air Force Base"

Councilmember Phil Lieberman, Glendale Arizona

July 24, 2009

Summer Fun in the City. Don't let the heat get you down! Glendale has plenty of places to cool off and enjoy the summer season. Here are a few places you can add to your summer to-do list.

- **Check out our aquatics:** Between Rose Lane and the Foothills Aquatics Centers, Glendale residents have plenty of opportunities to be wet and wild. The fun includes super water slides, lazy rivers, lap swimming, shady retreats, aquatic play sets and more. Or visit one of our other city pools and enjoy a recreational swim.

  Pool & Aquatics Center Locations
  - Cactus Pool, 15500 N. 63rd Ave.
  - Ironwood Pool, 12603 N. 61st Ave
  - O'Neil Pool, 6448 W. Missouri Ave.
  - Rose Lane Aquatics Center, 5003 W. Marlette Ave.
  - Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

  Click here to check out our aquatics programs now!

- **Book it to your nearest library:** Glendale's libraries have a whole host of programs happening this summer. Check out story times for the little ones; seminars, workshops and book clubs for the adults; and a whole host of family activities. Check out what's happening at your branch today, or just head on over and check out a few new titles for your summer reading list. Click here to find out more about exciting library programs!

- **Come by our Visitor Center:** You don't have to be from out-of-town to drop into this Glendale gem. Boasting a countless collection of free local, regional and statewide maps, brochures and travel information, the Glendale Visitor Center is the first place to start any Glendale journey. And even if you've lived here for years, you might be surprised at the treasures in town we can help you uncover. Learn more about your city by visiting our tourism Web site. Click here to go there now.

Police Department Awarded GOHS Grant. In 2009, the Governor's Office of Highway Safety (GOHS) awarded the Glendale Police Department a $10,000.00 grant for Laser equipment to enhance speed enforcement.

The laser equipment will be used by the department's motorcycle unit to enforce speed and other safety violations. The use of these laser units will help in reducing the severity of vehicle accidents making the streets of Glendale safer.

The Glendale Police Department works with GOHS to enforce speed and other safety violations, specifically, the "Click it or Ticket" Program, which focuses on seat belt and child restraint violations.

Glendale Star Volunteer Program. The City of Glendale encourages involvement in government through volunteerism. Click here for information on becoming a "Glendale Star" and volunteering at the city of Glendale.

Heat Safety. Glendale safety officials encourage residents to be safe and smart during extreme temperature days. With temperatures climbing, Glendale firefighters want you to stay safe. **Following these simple tips will help you survive the heat.**

- **Exercise and do yard work early.** Avoid being outside during the hours of 11 a.m. through 6 p.m., when temperatures can reach their highest.
- **Water wins.** Drink plenty of water before, during and after any outside activity. Staying hydrated is one way to keep your body healthy in extreme heat. Limit soda, caffeine and alcohol during any outside activity.
- **Protect your skin.** Wear a hat, and apply sunscreen to prevent sunburn.
- **Keep kids safe.** Never leave a child or pet inside an unattended vehicle. Temperatures may reach 200 degrees or more in just a few minutes and will cause serious injury or death!

Click here for more information, including the symptoms of heat exhaustion and heat stroke and the locations of water hydration stations and refuge locations in Glendale.

Around Town

3rd Annual World Records Day. Do you have what it takes to break a Guinness World Record? If so, give it your best shot at Foothills Recreation and Aquatics Center, 5600 W. Union Hills Drive. World Records Day begins at 10 a.m., Saturday, July 25 and will showcase a variety of established world records waiting to be broken! For more information, call (623) 930-4610.

Reel Talk. The 2009 Film/Discussion series wraps up with "Calendar Girls" (2003) at 1 p.m., on Saturday, July 25 at the Foothills Branch Library, 19055 N. 57th Ave. Film scholar Jeannie Berg will lead a discussion following the film. This series is free. Call (623) 930-3844 for more information.

Child Care Workshop. The Glendale Parks and Recreation Department is offering a workshop dedicated to teaching safe and fun ways to baby sit and care for children.

The Child Care and Babysitting Workshop will be held from 9 a.m. to 3 p.m., Saturday, July 25 at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr., and includes CPR, first aid, techniques for working with active children and what to do to have a successful babysitting adventure. This workshop, for ages 11 and older, builds confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations.

Registration is $52 for Glendale residents and $62 for non-residents. To register, call (623) 930-4600; for more information, call (623) 930-4613.

July Authors @ the Teague. Mystery author Chris Cavender will be appearing at Velma Teague Branch Library, 7010 N. 58th Ave., in July as part of the Authors @ the Teague series.

Cavender, author of "A Slice of Murder" will stop in at 3 p.m. on Wednesday, July 29. "A Slice of Murder" is the first in the Pizza Mystery series. Chris Cavender is actually a pseudonym of Tim Myers, a prolific author who writes both short stories and novels, including the Lighthouse Inn Mysteries. In addition, Myers also writes under the names of Elizabeth Bright and Melissa Glazer. The author's books will be available for purchase and signing. For information about the free program, call (623) 930-3431.

Mystery Writer J.A. Jance. A part-time Arizona resident and a top "New York Times" bestselling author, mystery writer J.A. Jance will appear at Foothills Branch Library, 19055 N. 57th Ave., at 3 p.m. on Saturday, August 1. She will read from her latest novels, talk about her writings, answer audience questions and sign her books.

Jance also lives in of Seattle, Washington, where her series about Homicide Detective J.P. Beaumont is set. The latest Beaumont yarn, "Fire and Ice," came out on July 21.

Her books will be available for purchase and signing. Call (623) 930-3844 for more information about this free program.

Bob Dylan, John Mellencamp and Willie Nelson. Camelback Ranch-Glendale, the spring home of the Chicago White Sox and Los Angeles Dodgers, stages its first concert on Tuesday, August 11, 2009 at 5:30 p.m. The Bob Dylan Show, featuring Dylan, John Mellencamp and Willie Nelson, will perform at the Cactus League's largest stadium. Click here for more information.

Contact Councilmember Lieberman

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