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GLENDALE VOTED THIRD BEST ARIZONA CITY FOR ACTIVE LIVING *Survey Focuses on Variety of Amenities Available in Glendale that Support Active Lifestyles*

Glendale, Ariz. — The City of Glendale has proudly been named the third best city in Arizona for an active lifestyle by WalletHub, the leader in industry and financial comparison tools.

WalletHub ranked the best and worst cities for an active lifestyle in the United States. Glendale ranked the 36th best city in the U.S based on city programs supporting active living, facilities available for active living, support of sport clubs and leagues, outdoor activity accessibility like golf courses, trails, parks and more.

“Glendale Parks and Recreations Division has received national recognition for the parks and services provided to the people of Glendale. Our staff maintains 54 basketball courts, more than 40 baseball fields, over 40 racquetball courts and over 35 of both volleyball and tennis courts,” said Glendale’s Parks, Recreation and Community Services Administrator, Michael Gregory.

Glendale is a playground for the outdoor enthusiast. Glendale maintains miles of trails and acres of parks for those that like to hike or bike. The city offers approximately 40 miles of hiking trails open from sunrise to sunset. Trails include Skunk Creek Linear Park (a 3.5-mile linear trail that connects to Thunderbird Paseo Path), Thunderbird Park (a series of trails that spans 20 miles), Bridle Path (a 9-mile trail over a decomposed granite path meant for equestrian use), Thunderbird Paseo Path (a 4-mile long linear trail), and the Grand Canal Linear Park (a 3.25-mile long linear trail). Cyclists looking for bike trails will find more than 100 miles of bike routes in Glendale. Cyclists will enjoy the Grand Canal Linear Park, Sahuaro Ranch Park and Thunderbird Paseo Park.

Glendale Parks also host nearly 100 play-structures across the city that allows children the opportunity to play, run and stay active. “It is equally important for us to make sure the kids of Glendale have activities to keep them off the couch,” said Gregory. “Glendale is home to two skateparks that give inline skaters, skateboarders and BMX riders a place to ride. In addition during the hot summer months we operate two swimming pools and splash pads.”

The City of Glendale Parks and Recreation Division received the distinguished Commission for Accreditation of Park and Recreation Agencies (CAPRA) accreditation this past year. This mark of distinction indicates that the City of Glendale has met rigorous standards related to the management and

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administration of lands, facilities, resources, programs, safety and services.

“Our parks and recreation department strives to provide our community with great parks, playgrounds, programs and facilities including our skate parks and aquatic center. We have a very dedicated and professional staff that deserves the recognition of this accreditation as evidence of the fantastic job they do, day in and day out,” said Community Service’s Director, Erik Strunk.

Learn more about Glendale’s various [park and recreation services](#).

Photos Courtesy: The City of Glendale

Photo 1: Water Aerobics Class

Photo 2: Northern Horizon Park

Photo 3: Foothills Recreation & Aquatic Center Basketball

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