

Sahuaros

Weekly Update

*The Sahuaros District:
Celebrating Recreation, Education and Cooperation*

Councilmember Gary Sherwood - Glendale, Arizona

April 4, 2014



Councilmember Sherwood looks on as the city of Glendale receives the Maricopa Association of Governments' 2014 "Best Age Friendly Community" Award at the All Ages, One Region Conference held at the Glendale Civic Center on March 27, 2014.

one pain management clinic and a handful of employees. Today, TPC has grown to over 15 locations statewide with 250+ employees and is the largest pain management practice in the Southwest. The Pain Center of Arizona is proud to call Glendale home to the new Administrative Headquarters located at 5281 N. 99th Ave. There will be an open house at the new facility on Friday April 11, 10 a.m. to 12 p.m.

This custom, state-of-the-art 12,000 square foot facility will allow The Pain Center of Arizona to continue its phenomenal growth as they move toward the future.

The city of Glendale is excited about the relocation. The Pain Center of Arizona chose Glendale as the preferred location to expand its company and create a permanent home for its headquarters. Having the home office of a company such as The Pain Center of Arizona here in our city provides both economic and employment opportunities and further solidifies Glendale as a top choice for quality healthcare businesses.

2014 Transportation Open House. Residents are invited to attend an open house to learn about projects included in the Glendale Onboard (GO) Transportation Program. The GO Program Open House will be held from 4:30 – 7 p.m. on Wednesday, April 23 at the Glendale Civic Center, 5750 W. Glenn Drive.

The open house will give residents an opportunity to speak with Glendale transportation representatives and engineering consultants, learn more about current and upcoming transportation projects and provide input on the program. Representatives will be on hand to answer questions on such projects as the Light Rail, Grand Avenue, the Northern Parkway, Loop 303 and the Grand Canal and New River bicycle paths. If you have questions, please contact the Transportation Department at 623-930-2940.

Glendale 11 T.V. Announces New Edition Of "Glendale Insider" The new edition of the "Glendale Insider" features in-depth coverage of the F-35 fighter jet arrival at Glendale's Luke Air Force Base. City cameras were there as the first F-35 Lightning II touched down at Luke AFB and then again a few days later for the official unveiling ceremony with Governor Jan Brewer.

Other stories in the 30-minute show include: why a new crosswalk countdown clock appearing at many Glendale intersections is good news for motorists and pedestrians; how new propane-fueled cars added to the Glendale Police fleet are saving money and the environment; how White Sox Fans enjoy spring training at Camelback Ranch-Glendale; and why Canadian rock band "Loverboy" was the highlight of "Canada Fest" at Jobing.com Arena.

The "Glendale Insider" can be seen on Glendale 11 at various times throughout the day or each individual story can be seen on the city's YouTube channel at www.youtube.com/MyGlendale11. For more information about Glendale 11 or the new TV show, visit www.glendaleaz.com/glendale11.

The Pain Center of Arizona is Relocating Its Administrative Headquarters to Glendale. Eleven years ago, The Pain Center of Arizona began with just

Around Town

Council Meetings and Workshops. To review the posted agenda and web video of Council Workshops and meetings, please [click here](#).

Stem @ the Library: CSI Glendale! Tweens, 7-12 years old, will learn about forensic science in this exciting hands-on workshop. Explore fingerprinting, chromatography, and more.

- **6 p.m., Thursday, April 10 at the Velma Teague Branch Library, 7010 N. 58th Ave.**
- **4 p.m., Wednesday, April 16 at the Glendale Main Library, 5959 W. Brown St.**
- **4 p.m., Monday, April 21 at the Foothills Branch Library, 19055 N. 57th Ave.**

STEM is an educational initiative featuring science, technology, engineering and mathematics. This program is supported with funds granted by the Arizona State Library, Archives, and Public Records Agency, a division of the Arizona Secretary of State, under the Library Services and Technology Act. For more information or to register, stop by the youth desk or visit www.glendaleaz.com/Library/LibraryEvents.cfm. You can also call 623-930-3837 (Foothills Branch), 623-930-3537 (Main Library) or 623-930-3437 (Velma Teague).

DIY CSI: Hands-On Forensic Science. Teens can free their inner Sherlock by investigating some forensic science on Saturday April 12, 2 p.m., at the Velma Teague Branch Library, 7010 N. 58th Ave.

Professor Melissa Beddow, from Grand Canyon University (GCU), will take the lead for a hands-on experience with a mock crime scene. Participants will take fingerprints, collect DNA and process evidence like the real crime labs do every day. Whether you're interested in a career in forensic science or just a fan of crime shows, this is a great way to get your hands dirty and work like the pros.

With a Masters in Forensic Science from the University of California, Davis, Professor Beddow is the program director for the Bachelor of Science in Forensic Science program at GCU. A former forensic DNA analyst who has testified in many criminal cases, she has experience working in pathology and biotechnology labs. She is also an organizer of GCU's annual Forensic Science Day, an opportunity for high school students to learn about the field in an interactive way. This program is free and appropriate for both teens and adults. No registration is required. For more information, call 623-930-3431.

Homestuck @ the Library. Calling all teenage trolls! Get out your horns and gray makeup - it's Homestuck time at the library on Monday April 14, 6 p.m., at the Glendale Main Library, 5959 W. Brown St. Teens can participate in activities surrounding this complex webcomic. This event is for ages 12-18. For more information or to register, visit www.glendaleaz.com/Library/LibraryEvents.cfm or call 623-930-3537.

Introduction to Voiceovers. Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that?" This fun and empowering workshop covers the different types of voiceovers and what tools are needed to find success on Thursday April 17, 6 to 8 p.m., at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

You'll be coached as you read a script, and be recorded so you can receive a professional voiceover evaluation later. You'll have the knowledge necessary to help you decide if this is something you'd like to pursue. This workshop is taught by a professional voice actor from the voice acting training company, Voices For All. The price is \$49 (non-resident \$59), and preregistration is required by calling 623-930-4600 or visiting www.glendaleaz.com/parksandrecreation.

Contact Councilmember Sherwood
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