



Sahuaro Weekly Update



"Where neighbors help neighbors build community."

Councilmember Steve Frate, Glendale Arizona

April 17, 2009

Midwestern University Health Careers Institute. Do you know a high school student interested in a career in health and medicine? Midwestern University will offer its 8-day Health Careers Institute for High School Students this summer. Application deadline is May 1st and the program runs July 9-18 from 9:00 a.m. to 4:00 p.m. Participants must attend all 8 days of the program. For more information and to download the application, [click here](#).

Glendale Family Bike Ride. The Glendale Family Bike Ride on Sunday, April 19 is designed for people of all ages. There are two routes; a six-mile ride and a 12-mile ride. The ride begins and ends at historic Sahuaro Ranch Park (59th Avenue and Mountain View Road) with plenty of free parking and a historic ranch to explore after the ride. Registration begins at 7:00 a.m. and the ride begins at 8:00 a.m. All riders must wear a bike helmet. If you don't have one, you can purchase one for only \$10. To register, [click here](#) or pick up a registration form at most Glendale area bike shops, Glendale libraries, and the City of Glendale Parks and Recreation Department. You may also register the day of the ride.

Turn Off the TV Week. Did you know that the average American watches television four hours a day and then spends another four plus hours with computers, games, video, iPods and cell phones? Screen time cuts into family time and is a leading cause of obesity in both adults and children. Each spring the national Turn off the TV Week takes place across the country. This year the observance is happening from April 20-26. The Glendale Main Library and its branches are offering alternatives to television for families during the week, both day and evening programs. For further information, [click here](#).

Glendale Onboard Open House. Glendale citizens are invited to attend the Annual Glendale Onboard (GO) Program Open House from 4:30 to 7:30 p.m., Wednesday, April 29 at the Glendale Civic Center, 5750 W. Glenn Drive. Learn more about how GO is working to improve transportation in Glendale. City staff and engineering consultants will be on hand to talk with you, provide more details on projects, and answer questions. Drop by any time between 4:30 p.m. and 7:30 p.m. for conversation and refreshments.

CDBG Week. The Glendale Mayor and City Council proclaimed April 12-18 as Community Development Block Grant (CDBG) week in recognition of the positive benefits achieved locally by this federally-funded program. Over the last thirty-two years, the city has been allocated more than \$59 million for the purpose of improving the physical and social conditions of Glendale residents. Examples of CDBG activities include: Housing Rehabilitation Programs; Homeownership Opportunities; Elimination of Blighting Conditions; Public Facilities and Improvements; and Human Services. To find out more about these programs and if you qualify, please call the Community Revitalization Division office at 623-930-3670 or [click here](#).

Nominate Neighbors, Volunteers and Businesses for Annual Spark Awards by Friday, May 15. The Glendale Neighborhood Commission encourages residents to nominate a neighbor, volunteer, business, nonprofit or faith-based organization that has made a commitment to the Glendale community or helped to improve our neighborhoods. The deadline to submit nominations is Friday, May 15. [Click here](#) for information on eligible categories and a nomination form.

Accreditation Assessment Team Invites Public Comment. A team of assessors from the Commission on Accreditation for Law Enforcement Agencies, Inc. (CALEA) will arrive April 18, 2009 to examine all aspects of the Glendale Police Department. This examination will include an assessment of the department's policies, procedures, management, operations, and support services. Members of the community are invited to offer comments at a public session to be held in the Glendale City Council Chambers, 5850 Glendale Avenue, Monday, April 20, 2009, at 7:00 pm. Anyone who cannot attend the public comment session may also call or write to the

assessors. The assessors will take phone calls on Monday, April 20th, from 3:00 p.m. until 5 p.m. The number to call is (623) 930-3178. Letters may be addressed to: Commission on Accreditation for Law Enforcement Agencies, Inc.; 10302 Eaton Place, Ste. 100; Fairfax, Virginia 22030-2215.

Around Town

Consumer Credit Classes. Consumer Credit Counseling Services, a non-profit organization, will be presenting the following two programs. Patrons may attend one session or both. Registration is required; to register or for more information, please call (623) 930-3431.

- Surviving a Layoff:
April 20 at 7 p.m. at Foothills Branch, 19055 N. 57th Ave.
- Keeping Debt under Control:
April 27 at 7 p.m. at the Foothills Branch, 19055 N. 57th Ave.

3rd Annual Youth Football Festival. Come out and enjoy the fun with Youth Football. Parks and Recreation will host its third Annual Youth Football Festival on Thursday, April 30. Skills clinics for youth of all ages, experience, skill levels and positions will be offered. Local youth tackle and flag football leagues will provide information about their programs; educational sessions for parents and coaches will be offered and vendors will be on site with equipment and information. The festival will run 6-8:30 p.m. at the Youth Sports Complex (next to the University of Phoenix Stadium) at 91st Avenue and Bethany Home Road. Info: Jeff Crane at jcrane@glendaleaz.com or 623-930-2043.

Parks and Recreation Programs and Classes. Spring is a great time to sign up for classes or browse activities! If you would like to view the activities offered by Glendale Parks and Recreation without signing in, you may log into the online system as a Guest. As a Guest you can view the activities offered as well as the class details. However, if you would like to sign up for an activity, you do need to sign in. [Click here](#) for more information or call 623-930-2820.

B.A.G. I.T. (Bus and Gus Individual Training). A class is being offered to Glendale residents who are interested in learning about how to travel on the bus. No need to register, just show up and learn how to ride Valley Metro Public Transportation or Gus the Bus. Some of the lessons include how to read a bus book, plan a trip, find the closest bus stop, signal your stop and more. Classes will be held on April 23, May 28 and June 25 at 10 a.m. and 6 p.m., at the Glendale Adult Center, 5970 W. Brown St., in room 102. For more information, [click here](#) or call (623) 930-2035.

What E.L.S.E. (Enhancing Life Skills/Experiences) - Tales of Adventure! Think you have what it takes to be a pirate? Are you itching for adventures and excitement? Sail the wide oceans and look for buried treasure with Layne Gneiting. These tales of adventures will keep you on the edge of your seat! This free programming that allows families to attend together will be held at Glendale Main Library Auditorium, 5959 W. Brown St. on Monday, April 20th at 7 p.m. For info, call 623-930-3537.

Foothills Library Spring Book Sale: Foothills Branch Library, 19055 N. 57th Ave, will be holding its Spring Book Sale on Saturday, April 25, from 9 a.m. until 3 p.m. The tables are jam-packed with bargains and treasures ranging from Dr. Seuss to Aristotle. The final hour becomes a shopper's dream, with \$1.00 bags. For more information call 623-930-3849.

Mother's Day Celebration May 9. Visit Historic Downtown Glendale as we celebrate moms with a day of deals, meals and more! Start your celebration at the Glendale Visitor Center and pick up a beautiful flower, event map and goodie bag. Many of the downtown shops and restaurants will feature discounts and giveaways, free flowers and special Mother's Day gift ideas, from 10 a.m.-4 p.m. Call 623-930-4500 or check out www.VisitGlendale.com for more information.

Contact Councilmember Frate

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